



606.13 Exercise and Recreation

Number Series: 600 - Corrections Division

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606.13-1 Policy

- I. Hendry County Sheriff's Office Jail shall endeavor to develop a program of exercise and recreation, which will contribute to the positive mental attitude, physical health, and generally function for inmate well being.
- II. Inmates in general population will be provided with outside recreational opportunities and access to equipment when weather permits 3 hours each week.
- III. Direct filed juvenile inmates shall have 1 hour of out of cell time in the form of recreation every day, weather permitting.

606.13-2 General Information

- I. Inmates will have the opportunity to exercise within the housing area daily during the hours of non-lockdown as long as the activity does not interfere with the safety and security of the facility.
- II. HCSO Corrections Division shall provide sufficient space, equipment, and staffing to permit both individual and group activities during outdoor exercise.
- III. A written schedule shall be provided which will afford outdoor exercise 3 hours per week.
 - A. The schedule shall be coordinated with other programs and activities for minimum conflict.
 - B. Changes in scheduling will be made only for security or administrative reasons and authorized in writing by the Shift Supervisor, or higher authority.
- IV. If exception to outdoor recreation is made for weather or security reasons, such exceptions will be documented on the appropriate housing activity log and the Recreation Log. Outdoor recreation shall be canceled during certain weather conditions such as rain, lightning, severe storm warnings, and may be canceled due to unsuitable temperatures.
- V. Deputies shall facilitate recreational programs and be cognizant of recreation information and schedules.
- VI. Health care staff shall be notified of any inmate injuries sustained during recreation, and an Incident Report shall be completed.
- VII. Recreation equipment will be:
 - A. Maintained in good condition and replaced as necessary.
 - B. Made available at the beginning of the recreation period.
 - C. Accounted for and stored properly at the completion of recreation.

D. Stored in a safe area designated by the Officer-in-charge.

606.13-3 Recreation Rules and Regulations

- I. Each inmate will have the opportunity to participate in outdoor exercise and recreation. Inmates will not be required to participate, but will be encouraged to do so. Inmates need only be asked once if they wish to participate in outdoor recreation, and must go out for recreation at that time.
- II. Prior to the commencement of recreation, a Deputy shall conduct a thorough search of the recreation yard for weapons, contraband, and any breaches of security. Security deficiencies shall be reported to the Housing Supervisor for corrective action before inmates are permitted into the area.
- III. Inmates participating in outdoor recreation will be pat searched and counted as they leave the housing area. The total inmate count shall be entered on the housing activity log.
- IV. Inmates must enter the recreation yard promptly. Inmates who loiter or delay movement and refuse to accelerate their pace after warning will be returned to their cells. The names of inmates denied recreation for this reason will be documented as "disruptive" on the housing activity log.
- V. Inmates shall be counted as they enter and exit the recreation yard. Each count shall be reported in the Recreation Log.
- VI. Inmates returning to the housing area shall be pat searched and counted. The count shall be verified with the previous count, and logged in the housing activity log.
- VII. The Shift Supervisor shall determine the number of inmates permitted to use the recreation yard at any given time.
- VIII. Recreation and exercise activities shall be supervised and security will be maintained at the highest level.
- IX. Following recreation, the recreation yard shall be searched for contraband and breaches of security.

606.13-4 Segregation Housing Areas

- I. Inmates in segregation housing areas will be permitted to exercise outside their cells 2 times per week and outdoors when weather permits.
 - A. Inmates need only be asked once if they wish to participate.
 - B. Names of inmates denied or refusing to participate for any reason shall be noted on the housing activity log indicating the date, time, and reason for the denial or that the inmate refused.
- II. Uncontrollable, violent, or escape risk inmates are not subject to this provision, and are not permitted outdoor recreation. Such cases shall be documented and all applicable staff notified. The status of each of these inmates shall be reviewed by Jail Administration or designee on a periodic basis.

REFERENCES

State/Federal Regulations:
Florida Model Jail Standards

FCAC:
N/A

PREA:
N/A

Forms:
N/A

Other Policy/ Procedure References:
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